



“Bumblebee (Buzz Buzz)”



How to use the song:

- Have students sit in a circle. Use these lyrics in the song “. . . when I saw (choose a number) bumblebees/they said their names were (insert student names)” and invite the called-upon students to dance, jump, and ‘fly’ in the middle of the circle.
- On “A one, a two, a 1 - 2 - 3 go!” have all of the students “fly” in one direction around the outside of the circle. Use the “buzz” sound in-between verses, as a cue for students to sit back down on the circle. (“That’s the sound to come sit down!”)

Remix It!

Instead of singing children’s names in the song, use another creative way to call them up that incorporates a phonics skill. Ex: “They said their names started with an A”

Berkner Bytes

The LAURIE
BERKNER
BAND



“Hayride”



How to use the song:

- Have children sit on the floor and assume a “boat pose” (Navasana yoga pose) with feet lifted slightly off the ground. As they go on the “hayride” they can bounce their bodies up and down.
- On “I see apple trees and I say hello,” cue children to wave to a peer.
- This movement activity helps to build core strength, which is important as children learn to sit in chairs and write.

Remix It!

For the winter, sing “Sleigh Ride” in place of “Hayride.”

Berkner Bytes

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BAND



“Shake Your Body Down”



How to use the song:

- This is a great option for a mid-lesson brain break.
- Have students stand around the room and follow the movement directions sung in the song.
- At the end of the song, encourage students to quietly “shake down” to a calm sitting position to continue with the lesson.

Remix It!

Pause the song and say “freeze and count!” While students are frozen, hold up a number of fingers or a math manipulative and ask students to count what they see.

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“Walking with the Penguins”



How to use the song:

- Before the song begins, have students find their “penguin position” and demonstrate a waddle.
- Students should sit on the rug or at the table to begin the song, then have them go into “penguin position” and waddle around the room.
- Have students walk on their heels on the words “heel, heel” and hop while twisting from side to side on “hip hop.”
- On “Everybody stop,” have children return to a seated position.

Remix It!

Use the chorus of this song to transition in the hallway. Sing “Waddle, waddle, heel, heel, waddle, waddle, hop!” and invite children to follow along with the movements.

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